Prayer in the Life of a Christian

Prayer is our lifeline to God! We should form the habit of starting each day with prayer, then learn to pray throughout the day as the Lord brings people, places, and predicaments to mind. We should “...pray continually...” (1 Thessalonians 5:17) God hears and answers prayer. The answer is not always “Yes,” and sometimes the answer is a long time coming. There are some conditions to prayer that we need to keep in mind if our prayers are going to be unhindered.

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. (Philippians 4:6-7)

If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him. (James 1:5)

This is the confidence we have in approaching God; that if we ask anything according to his will, he hears us. And if we know that he hears us—whatever we ask—we know that we have what we have asked of him. (1 John 5:14-15)

Delight yourself in the Lord and he will give you the desires of your heart. Commit your way to the Lord; trust in him and he will do this. (Psalm 37:4-5)

The prayer of a righteous man is powerful and effective. (James 5:16b)

This is what the Lord says, he who made the earth, the Lord who formed it and established it—the Lord is his name: “Call to me and I will answer you and tell you great and unsearchable things you do not know.” (Jeremiah 33:2-3)

...if my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then will I hear from heaven and will forgive their sin and will heal their land. (2 Chronicles 7:14)

If I had cherished sin in my heart, the Lord would not have listened. (Psalm 66:18)

When you ask, you do not receive, because you ask with wrong motives, that you may spend what you get on your pleasures. (James 4:3)

1. What ways does God answer prayer?

2. What hinders prayer?

3. What are the different elements of prayer (A-C-T-S)?

4. Look at the Lord’s prayer (Matthew 6:9-13) and find the different elements of prayer.

5. How do we know if we are praying according to God’s will?

6. How is prayer related to Scripture reading and study?

MEMORIZE: Philippians 4:6-7

Materials are provided by Officers’ Christian Fellowship (OCF) and permission is granted for use in local groups. More information about OCF can be found at www.ocfusa.org.